

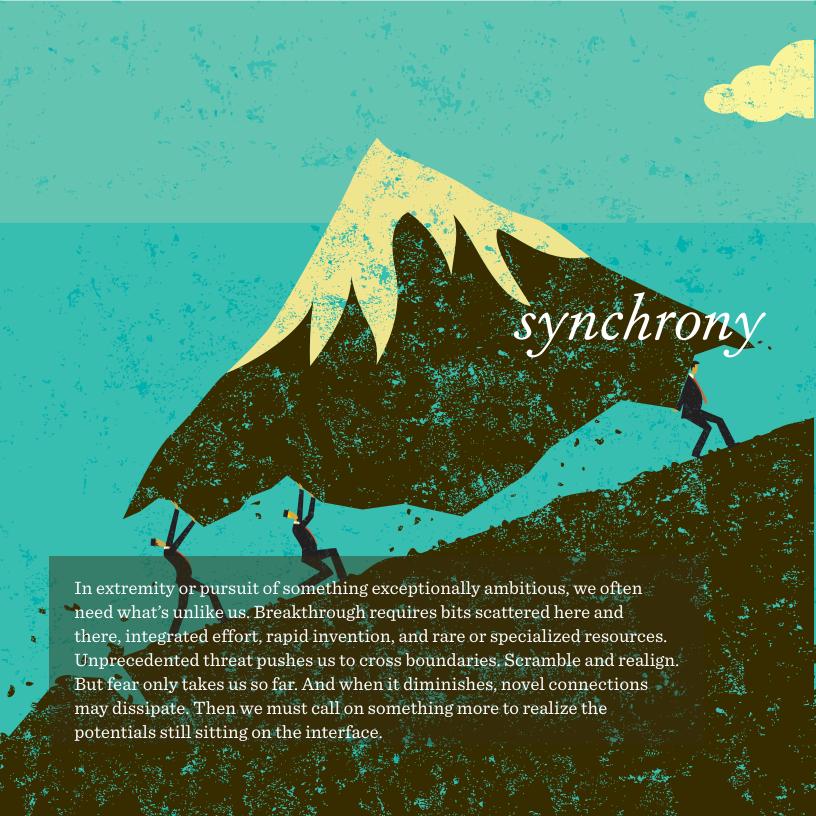
In extreme environments, some things rise as others vanish. And both can happen abruptly. Something we know and depend upon disappears. Or an unfamiliar resource emerges, giving us the possibility to do something entirely different. The two relate—one thing grows because another diminishes. But it's easy to fixate on one or the other. If we see the landscape of peaks and valleys, fewer shifts blindside us. And we waste less of what's available. The mix of what is *nowhere* and *now here* is unique to each extremity.





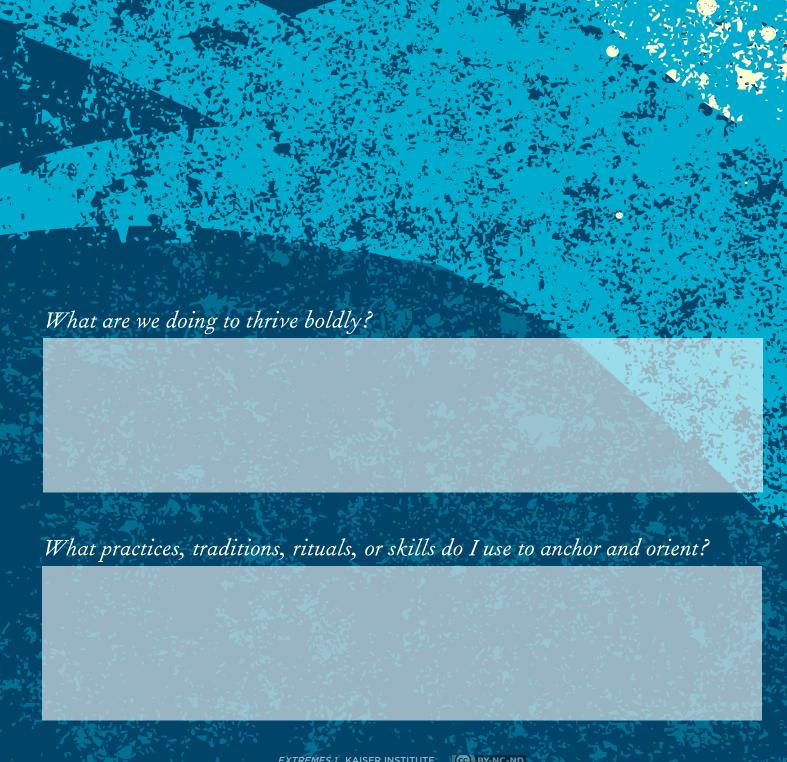
















How we respond has very little to do with the circumstance. The same event that pushes one person to pull away or exploit propels another to open and extend—even bring out goodness long buried. Extremes accentuate polarities and make both the best and worst outcomes more likely. Most dynamics that show up in intensity were always in the background. They just didn't manifest as strongly before. But disorientation and flux also make it easier to shift. Rather than doubling down on old behaviors, we want to explore the range of responses. And sometimes do unfamiliar things. We can also hold space for others to do the same—release our assumptions and begin again.



What are the best and worst outcomes that are more possible now?